

Caerphilly Primary Menu Week 1

	Mega Monday	Tasty Tuesday	Roast Wednesday	Traditional Thursday	Fun Friday Served in a Box
Main Meal	Welsh Beef Lasagne Welsh Cheese & Onion Savoury Bake (V)	French Bread Pizza Ravioli in Tomato Sauce served with Welsh Cheese & Focaccia Bread (V)	Sausage Yorkshire Pudding & Gravy (V) Welsh Cheese Toasted Panini (V)	Sweet Chilli Chicken Margarita Pizza (V)	Harry Ramsdens Fish Portion Welsh Beef Burger or Quorn Burger (V) in Bun with Tomato Ketchup
Daily Special	Fish Goujons Non-Fried	Filled Jacket Potato	Chicken Goujons	Filled Wrap	Filled Baguette
Carbohydrates	Garlic & Herb Bread Seasoned Twisted Potatoes with Various Sauces	Wholemeal Savoury Rice Seasoned Wedges Non-Fried	Oven Baked Dry Roast Potatoes Mashed / Boiled Potatoes	Savoury Herb Diced Potatoes Non-Fried Noodles	Seasoned Wedges Non-Fried Chipped Potatoes with Various Sauces
Vegetables	Salad Bar Baked Beans Peas	Salad Bar Sweetcorn Green Beans	Salad Bar Cabbage Carrots Swede	Salad Bar BBQ Beans Mixed Vegetables	Salad Bar Corn on Cob Peas
Desserts	Chocolate & Pear Brownie with Ice Cream	Various Fruit Crumble with Custard	Jam or Fruit Welsh Cake with Fruit Wedges	Welsh Lan Y Laeth Yogurt	Flapjack
Additional Items	Filled Jacket Potatoes Served with Vegetables / Salad Bar and Dessert				
One or more of the choices listed can be offered:	Pasta & Sauce Served with Vegetables / Salad Bar and Dessert				
	Sandwiches / Baguettes or Wraps Served with Carbohydrates, Vegetable or Salad Bar and Dessert				

Fresh Milk & Drinking Water, Wholemeal Bread, Fruit Bar, Fruit & Welsh Ice Cream and Yoghurt available daily.
The menu mix displayed is for guidance only. *Caerphilly Catering Services* reserve the right to change products subject to availability.
Customers will be free to make their own daily accompaniments selection.

Please Note: The above menu contains allergens.

Caerphilly Primary Menu Week 2

	Mega Monday	Tasty Tuesday	Roast Wednesday	Traditional Thursday	Fun Friday Served in a Box
Main Meal	Hot Dog with Onions & Tomato Ketchup	A Selection of Fruity Curry (Chicken / Beef / Vegetable) or BBQ Chicken	Turkey, Yorkshire Pudding Seasoning & Gravy	Jumbo Fish Finger	Chicken Chunks
	Tomato Pasta Bake with Garlic & Herb Bread (V)	Welsh Cauliflower Cheese (V)	Margarita Pizza (V)	Macaroni Cheese Made with Welsh Cheese (V)	Quorn Hot Dog with Onions & Tomato Ketchup (V)
Daily Special	Fish Goujons Non - Fried	Filled Jacket Potato	Meatball Baguette with BBQ Sauce (V)	Filled Sandwich	Salmon & Cod Fish Cake Non-Fried
Carbohydrates	Seasoned Wedges Non-Fried with Tomato Ketchup	Rice / Noodles	Sage & Thyme Oven Baked Dry Roast Potatoes	Pommes Noisettes	Seasoned Wedges Non-Fried
	Mashed Potatoes	Savoury Herb Diced Potatoes Non-Fried	Mashed / Boiled Potatoes	Tomato & Garlic Cheesy Twist Bread	Crispy Fries & Various Sauces
Vegetables	Salad Bar Peas Coleslaw	Salad Bar Mixed Vegetables Corn on Cob	Salad Bar Carrots Cabbage Peas	Salad Bar Sweetcorn Baked Beans	Salad Bar Baked Beans Peas
Desserts	Strawberry Flapjack	Artic Roll	Jelly	Fruit Sponge with Custard	Plain Cookie served with Fruit
Additional Items One or more of the choices listed can be offered:	Filled Jacket Potatoes Served with Vegetables / Salad Bar and Dessert				
	Pasta & Sauce Served with Vegetables / Salad Bar and Dessert				
	Sandwiches / Baguettes or Wraps Served with Carbohydrates, Vegetable or Salad Bar and Dessert				

Fresh Milk & Drinking Water, Wholemeal Bread, Fruit Bar, Fruit & Welsh Ice Cream and Yoghurt available daily.
The menu mix displayed is for guidance only. *Caerphilly Catering Services* reserve the right to change products subject to availability.
Customers will be free to make their own daily accompaniments selection.

Please Note: The above menu contains allergens.

Caerphilly Primary Menu Week 3

	Mega Monday	Tasty Tuesday	Roast Wednesday	Traditional Thursday	Fun Friday Served in a Box
Main Meal	Welsh Pork Meatballs With Tomato & Basil Sauce Vegetable Nuggets (V)	Welsh Sausage Roll Ravioli in Welsh Cheese Sauce (V)	Chicken with Yorkshire Pudding, Seasoning & Gravy Vegetarian Cottage Pie (V)	Minced Beef Pie & Gravy Quorn Patty Muffin (V)	Fish Bites Cheese & Potato Pie (V)
Daily Special	Filled Jacket Potato	Lemon Sole Non-Fried	Welsh Vegan Sausage Roll (V)	Filled Jacket Potato	Filled Baguette
Carbohydrates	Mashed Potatoes Pasta	Mexican Bread Potato Croquettes With Various Sauces	Oven Baked Dry Roast Potatoes Boiled / Mashed Potatoes	Savoury Herb Diced Potatoes Non-Fried Seasoned Wedges Non-Fried	Boiled Potatoes Chipped Potatoes With Various Sauces
Vegetables	Salad Bar Cheesy Coleslaw Peas & Sweetcorn	Salad Bar Baked Beans Sweetcorn	Salad Bar Cauliflower Swede Peas	Salad Bar Peas Farmhouse Mixed Vegetables	Salad Bar Baked Beans Peas
Desserts	Sticky Orange Date Brownie & Orange Wedges	Various Fruit Crumble & Custard	Various Flavoured Mousse	American Pancake with Fruit & Ice Cream	Chocolate Cookie
Additional Items	Filled Jacket Potatoes Served with Vegetables / Salad Bar and Dessert				
One or more of the choices listed can be offered:	Pasta & Sauce Served with Vegetables / Salad Bar and Dessert				
	Sandwiches / Baguettes or Wraps Served with Carbohydrates, Vegetable or Salad Bar and Dessert				

Fresh Milk & Drinking Water, Wholemeal Bread, Fruit Bar, Fruit & Welsh Ice Cream and Yoghurt available daily.
The menu mix displayed is for guidance only. *Caerphilly Catering Services* reserve the right to change products subject to availability.
Customers will be free to make their own daily accompaniments selection.

Please Note: The above menu contains allergens.